JINDAL COLLEGE FOR WOMEN

(Managed By Pragun Jindal Philanthropic Organization) Affiliated To Bangalore University, Jnanabharathi Campus & Naac Accredited Jindal Nagar, Tumkur Road, Bengaluru-73



STUDENT'S GRIEVANCE REDRESSAL AND COUNSELING CELL **ANNUAL REPORT** (2019-20)

LIST OF ACTIVITIES:

- Allowance of mobile phones.
- Guidance and counseling.
- Counseling session given by Counselor
- Remedial and enrichment program.
- Adoption of Online teaching methodology

REPORT OF THE ACTIVITIES:

Allowance of mobile phones:

As per University Guidelines, JCW here has banned students from using mobile phones on campus and classes. Committee members also seized from students who brought mobile phones into classes despite strict instructions of the principal.

Guidance and counseling:

The aim of counseling cell is to provide comprehensive guidance programs that will equip students with necessary knowledge, attitude and skills to become mature and socially responsible individuals.

The following are the activities conducted under this cell

- Nurturing through the remedial teaching program.
- As far as academic counseling is concerned, students receive assistance on how to study and write the examination to get good marks. Special care is given by subject teachers.
- Mentoring through an individual counseling.
- Provide various comprehensive psychological services to students and resolve their emotional, behavioral, academic, and social issues.
- Providing counseling in the areas of:-
- ✓ Stress management
- ✓ Emotional intelligence
- ✓ Self-awareness
- ✓ Learning disabilities.

Counseling session given by Counselor



Once a week Mr. Murali Mohan B.A, Counselor was available to render service to those who need help. Mr. Murali Mohan B.A, clinical Psychologist from Jindal Nature Cure Institute, Bangalore is the torch bearer of the young minds of our College who spares his valuable time on Thursdays to boost the confidence level of the students.

Sir has 10.6 years of experience in counseling individuals to various ethnic and socio economic backgrounds, including children, adolescents and adults.

Benefits:

The students were benefited with

- Explained study techniques like need to be scheduled on an organized timetable and memorizing techniques.
- Stress management techniques like build social relations with family, relatives and friends, doing regular physical and mental exercises, mediation..etc.
- Goal settings short term as well as long term.
- Decision making techniques helps in promoting the self-determination and how to make good decisions and choices.
- Cultivating positive mind set, enhancing confidence level which in turn leads to overall personality development of the student.

Remedial and enrichment program

Organized remedial classes for students who didn't perform well in the internal test. The students were also given advice after class hours under remedial classes and were motivated by providing simple and direct learning material.

Enrichment classes were conducted for advance learners as well. These students were encouraged to adopt self-study methods for enrichment and remediation. Seminars and group discussions were organized to nurture their creative abilities.

Adoption of Online teaching methodology

Problem:

Online teaching methodology was adopted, due to Outbreak of Pandemic situation, and announcement of lockdown. Students were lacking technical know how to attend online classes. Solution:



Student's Grievance Redressal and Counseling Cell | 2019-20

As a initial beginning to sudden exposure to online classes, cell intimated the class teachers to conduct trail session to their respective classes to create an awareness about technical features used in classes.

Problem:

Due to Pandemic situation (Covid-19) online classes were introduced for the students, where students faced few difficulty such as network issues, lacking smart phones.

Solution.

- The class teachers and concerned subject teachers recognized students who were not attended the classes because of connectivity issues and lacking of android devices. To overcome this issue, teachers used an alternative method to reach all the students by forwarding recorded video clips. Even study material has been sent for easy access.
- Some of the cases were resolved by the faculty members by convincing the parents personally to look over the remedy to attend the classes. This resulted somehow increase in attendance of students.
- The Cell sorted out the issue as per guidelines of Bangalore University, to conduct few offline classes of revision before the semester examination.

CONCLUSION:

During the year minor issues like allowance of mobile phones, solving the problem of virtual classes and conduct of counseling sessions etc has been received and resolved and no such major grievances were received.

PHOTO GALLERY





